Nixa Police Department
Physical Agility Score Sheet

Applicant's Name:_____

Date of Test:_____

Scored by:_____ DSN:_____

Mark the appropriate blank according to the applicant's performance and circle the actual points awarded:

Vertical Jump:	____ 14.5" or higher	10 points
	____ at least 14" but less than 14.5"	8 points
	____ at least 13.5" but less than 14"	6 points
	____ less than 13.5"	5 points
Sit ups:	____ 31 or more	10 points
	____ 30	8 points
	____ 29	6 points
	____ 28 or less	5 points
Push ups:	____ 25 or more	10 points
	____ 24	8 points
	____ 23	6 points
	____ 22 or less	5 points
300 meter run:	____ 71 seconds or less	10 points
	____ 72-76 seconds	8 points
	____ 77-84 seconds	6 points
	____ 85 seconds or longer	5 points
1.5 mile run	____ 16:04 minutes or less	10 points
	____ 16:05 - 16:14 minutes	8 points
	____ 16:15 - 16:30 minutes	6 points
	____ 16:31 minutes or longer	5 points

Total Accumulative Points:_____

I hereby acknowledge that the scores posted are true and correct to the best of my knowledge.

Applicant's Signature:_____